



## CATERING

We are proud to offer healthy and delicious breakfast, lunch and dinner catering services for your next event. Whether it's formal, informal, a small business lunch or a special event, we strive to provide the best food and service options to suit any occasion. **Minimum 5 people.**

### **B** **NATURAL BREAKFAST**

#### FRESH FAIR TRADE COFFEE & BAKED GOODS

An assortment of freshly baked bagels, croissants, muffins, scones, fruit platter, granola parfait (all-natural granola, low fat yogurt, and fresh fruits) accompanied by coffee & loose-leaf tea.

*\$13.95 per person*

#### B-NATURAL EGG SANDWICH

A platter of B-Natural egg sandwich sliced in half (cheddar cheese and turkey bacon) or (just cheese) fresh fruit parfait (low fat yogurt and all-natural granola) and fresh fruit accompanied by coffee & loose-leaf tea.

*\$11.95 per person.*

#### BREAKFAST BOX (eat your way)

A choice of organic egg sandwich, avocado scramble bowl or organic egg spinach and feta wrap, (individually in a bowl and labeled) and bottle water or sparkling water, accompanied by coffee & loose-leaf tea.

*\$12.95 per person.*

##### — Avocado Scramble Bowl:

Organic scramble eggs, spinach, fresh avocado, (brown rice, wild rice, quinoa blended), tomatoes, scallions, feta cheese, organic B-Natural sauce.

##### — Organic Egg Sandwich:

Organic scramble eggs with cheddar cheese and reduced fat free turkey bacon on whole grain ciabatta roll.

##### — Organic Spinach and Feta Wrap:

Organic scramble eggs, baby spinach, fresh tomatoes, feta cheese, red bell peppers, quinoa, brown rice and wild rice blended, with mild B-Natural sauce on a whole-wheat wrap.

#### B-NATURAL SMOKED SALMON PLATTER

Your choice of bagel or whole grain roll with cream cheese, tomatoes, red onion, smoked salmon, capers, with coffee and tea.

*\$13.95 per person*

## **B NATURAL LUNCH**

### **B-NATURAL SANDWICH BOX**

Your choice of Cold Sandwiches, Signature Salads, Paninis or Wraps boxed individually and labeled with a bottle of water or sparkling water and a side of apple, chips, and cookie or B-Natural snacks.

\$11.95 per person

*\*pick your sandwich choice from the attached menu*

### **B-NATURAL BOWLS:**

Your choice of Grain Salad Bowls or Warm Grain Bowls boxed individually and labeled with a bottle of water or sparkling water and a side of apple, chips, cookie or B-Natural snacks.

\$13.95 per person

*\*pick your bowl choice from the attached menu*

### **SANDWICH LUNCH PLATTER**

An assortment of Sandwiches sliced in half set in a plate. Your choice of Cold Sandwiches, Paninis and Wraps, fruit platter, house salad or chips, and a choice of bottle water, sparkling water, or homemade iced ginger lemonade.

\$13.95 per person

*\*pick your sandwich choice from the attached menu*

## **B NATURAL COFFEE BREAK**

### **AFTERNOON BREAK:**

An assortment of our sweet treat platter and our elm city blend coffee or loose-leaf tea accompanied by milk and sugar.

\$6.95 per person

### **B-NATURAL HEALTHY BREAK:**

Homemade hummus & cut vegetables, cheese and cracker platter, homemade Iced ginger lemonade or bottle water.

\$8.25 per person

### **COFFEE ONLY:**

Elm city blend brewed coffee accompanied by milk and sugar.

\$2.85 per person

### **SPECIALITY DRINKS:**

An air pot full with your choice of chai tea lattes (green, vanilla, spiced) or hot cocoa, spiced cocoa accompanied by your choice of brownie, cookie, or biscotti.

\$7.95 per person

## CATERING ORDER FORM

### B-Natural Breakfast

All package prices include delivery, set up, table cloth, take down and clean up afterwards.

- Fresh fair-trade Coffee & Baked Goods - (\$13.95/person) - 5-person min.
- B-Natural Egg Sandwich - (\$11.95/person) - 5-person min.
- Breakfast Box - (\$12.95/person) - 5-person min.
- B-Natural Smoked Salmon Platter - (\$13.95/person) - 5-person min.

### B-Natural Lunch

- B-Natural Sandwich Box - (\$11.95/person) - 5-person min.
- B-Natural Bowl - (\$13.95/person) - 5-person min.
- Sandwich Lunch Platter - (13.95/person) - 5-person min.

### B-Natural Coffee Break

- Afternoon Break - (\$6.95/person) - 5-person min.
- B-Natural Healthy Break - (\$8.25/person) - 5-person min.
- Coffee Only - (\$2.70/person) - 5-person min.
- Specialty Drinks - (\$7.95/person) - 5-person min.

 **ADD ONS:**

- COFFEE / DECAF COFFEE**  
*Elm city blended coffee.*  
(\$27.95 per 10 people)
- LOOSE LEAF TEA**  
*Your choice of loose leaf tea black or green.*  
(\$24.95 per 10 people)
- SPECIALTY DRINKS**  
*Spiced Chai tea, hot cocoa.*  
(\$4.75/person)
- FRESHLY SQUEEZED ORANGE JUICE**  
*Freshly squeezed orange juice*  
(\$3.95/person)
- FRESHLY SQUEEZED VEGGIES & FRUIT JUICE**  
*Freshly squeezed veggies and fruits juice individually.*  
(\$6.95/person)
- HOMEMADE ICED GINGER LEMONADE**  
*Freshly squeezed ginger lemonade.*  
(\$2.95pp)
- FRESH FRUIT PLATTER**  
*Melon, pineapple, apples, oranges, strawberries.*  
(\$3.25/person)
- FRESH VEGETABLES AND HUMMUS PLATTER**  
*Freshly cut carrots, cherry tomatoes, broccoli, and celery with our homemade hummus.*  
(\$3.75/person)
- SWEET PLATTER**  
*Cut brownies, cookies, banana bread, biscotti platter.*  
(\$3.25/person)
- BNATURAL SNACKS PLATTER**  
*Variety of Individually handcraft snacks (nuts, bars, cookies)*  
(\$2.50/person)
- YOGURT PARFAIT**  
*All-natural yogurt cups topped with all-natural granola and fresh fruits.*  
(\$4.50 pp)

## All Packages Prices Include Delivery, Set Up, Table Cloth, Take Down and Clean Up Afterwards.

| ADD ONS: <i>(Please check each item required)</i> |  |
|---|--|
| cups  |  |
| sugars  |  |
| milk  |  |
| plates  |  |
| Table clothes                                     |  |
| napkins   |  |
| spoons  |  |
| forks   |  |
| stirs   |  |
| NOTE:   |  |

### NOTE:

Your order will be prepared ready-to-serve including plates, utensils, napkins, and table-cloths if is necessary.

We offer delivery and pick-up options.

B-Natural catering is available for a minimum of 5 people.

Orders must be canceled prior to day of delivery or a 25% service charge will be applied.

### Special Requests

Gluten free, vegan, soft bread.

## STORE CONTACT

Contact: Gabi  
 Email: [catering@bnaturalcafe.com](mailto:catering@bnaturalcafe.com)  
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 Visit us: 1044 Chapel or 97 Orange Street